

Remember to Take Care of Yourself

May is Mental Health Awareness Month and it's a good time to remember your support structure – family, friends, church members and others. We're all busy, with countless hours in the tractor, in the machine shed and more. It's very easy to allow our smartphones and social media to become a crutch for all communications. But we all need that human touch. So, visit a neighbor or friend you haven't seen in a while. A solid handshake, pat on the back, or better yet a nice bear hug can go a long way to feeling better. So is a simple walk. If the face you see most often is your own reflected in a 5" smartphone screen, may it's time to set it down for a while and listen to Mother Nature. You might feel much better for it.

Input Opportunities

Consider using **SB Super Sweet** as part of your early season input program. This is a unique liquid formulation that enhances photosynthetic natural plant production of sugars in crops. Higher sugar content increases plant health at the cellular level, allowing them to resist pests on their own. It is also a source of quick carbon consumption for feeding and increasing populations of bacteria and microorganisms in soils.

In the coming months you'll have the opportunity to have a direct effect on yield potential for crops. Weather fluctuations, insect and disease pressure are the enemies, and SoilBiotics has a complete line-up of products that can help you. These products can help your plants through heat and drought stress, plus help make applied insecticides and fungicides more effective against pests.

Kids At Play

School is out and scads of kids will be out and about doing what kids do. As you take the equipment out to the fields, keep an eagle eye out for bikes, ATV's and kids just messing around.